

MCLC NEWS



Fosters Foodland are long standing supporters of the MCLC. The generosity shown by Dave and the team is appreciated by our staff and students, we cannot thank them enough for the food donations that we receive each week.

These donations ensure our students are well nourished and assist in the teaching of health and nutrition as fuel for the body. Many of our young people come to school without eating, making it difficult for them to concentrate on their work or have the energy to participate in our construction classes. Many of our students look forward to our lunch time meals as it provides a hearty feast and allows for relaxed social interaction. Thankyou Fosters, we can't express our gratitude enough!



MCLC Student Representative Council (SRC) have organised a suggestion box so that our young people have a voice. This box is anonymous and is designed so that anyone can put ideas and suggestions of improvement, activity ideas or comments forward to the SRC. Some of the suggestions we have had so far include having our own uniform, go carting excursions and fitness classes. This is a fantastic initiative from our SRC who are proving to be a very productive group of students.

This term we have introduced the Integrated Learning Stage 1 Wellbeing course. Over the coming weeks, students in this class will work with their teacher, SSO's and the Case Managers to develop skills in the area of teamwork, confidence, resilience and build knowledge on healthy relationships, health, wellbeing and improve fitness. Last Friday the group went on a hike to Mount Shank and used the time to get to know



each other and develop an understanding and appreciation for individual differences. The students were challenged with the physical component of the day which involved a hike to the top and into the middle of the volcano. It was surprising that many of the students had never been to the iconic landmark and expressed their amazement of the beautiful surroundings. A fantastic way to start the program!



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